

# MENU

ST. VINCENT-ST. MARY HIGH SCHOOL

## WHAT'S COOKING THIS WEEK ...

Monday	
Breakfast	Sausage or Bacon Breakfast Sandwich Cinnamon Roll    Cream Stick
Horizons	Popcorn Chicken Bowl
The Met Grill	Cheeseburger - Black Bean Burger - Spicy Chicken Sandwich - French Fries – Soft Pretzel
Trattoria	Cheese Pizza – Pepperoni Pizza – Supreme Pizza – Bowtie W/Alfredo
Signature	Orange Chicken with Cauliflower Rice and Vegetables
Tuesday	
Breakfast	Sausage or Bacon Breakfast Sandwich Muffins    Donuts
Horizons	Chipotle Bowl
The Met Grill	Cheeseburger – Black Bean Burger – Home Style Chicken Sandwich – French Fries – Bosco Sticks – Chicken Tenders
Trattoria	Cheese Pizza – Pepperoni Pizza – Meat Lovers Pizza
Signature	Hot Dog Bar with Onion Rings and Macaroni Salad
Wednesday	
Breakfast	Sausage or Bacon Breakfast Sandwich Scones    Cinnamon Twist.
Horizons	Vegetarian Bowl
The Met Grill	Cheeseburger - Black Bean Burger – Spicy Chicken Sandwich – French Fries – Mac & Cheese Bites
Trattoria	Cheese Pizza – Pepperoni Pizza – Bacon, Chicken, Ranch Pizza – Penne w/Marinara
Signature	Grilled Chicken Sandwich with Pasta Salad and Mexican Street Corn
Thursday	
Breakfast	Sausage or Bacon Breakfast Sandwich Hash Browns    French Toast Sticks
Horizons	Breakfast Scramble Bowl
The Met Grill	Cheeseburger – Black Bean Burger – Home Style Chicken Sandwich – French Fries – Meatball Sub – Chicken Nuggets
Trattoria	Cheese Pizza – Pepperoni Pizza – Buffalo Chicken Pizza – Pepperoni Calzone
Signature	Chicken Parmesan with Garlic Butter Noodles and Vegetables
Friday	
Breakfast	Sausage or Bacon Breakfast Sandwich Muffins    Waffles
Horizons	Asian Bowl
The Met Grill	Cheeseburger – Black Bean Burger – Spicy Chicken Sandwich – French Fries – Mozzarella Sticks
Trattoria	Cheese Pizza – Pepperoni Pizza – Capris Pizza – Mac & Cheese
Signature	Quesadilla with Cilantro Lime Rice and Corn & Black Bean Salsa.

Menu for the week of  
**Monday,**  
**September 20th**  
**Through**  
**Friday,**  
**September 25th**

Please discuss any food allergy issues concerning your child with Kelli Spicer  
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[kelli.spicer@avifoodsystems.com](mailto:kelli.spicer@avifoodsystems.com)

Breakfast Time: 7:15am-7:45am



Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.