

# ST. VINCENT-ST. MARY HIGH SCHOOL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTREE	Italian Hoagie by the Inch	Taco Day Hard or Soft Shell Beef Tacos	Meat Ball Hoagie	Baked Potato Bar w/ Chili, Cheese & Broccoli	Pasta Day Marinara/ Meat Sauce Alfredo Sauce Garlic Bread Stick
SALAD	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
GRILL	Cheeseburger Hot Dogs	Cheeseburger Home Style Chicken Sandwich	Cheeseburger Grilled Chicken Sandwich	Cheeseburger Buffalo Chicken Sandwich	Cheeseburger Home Style Chicken Sandwich
PIZZA	Fresh Baked Pizza Cheese Pepperoni White w/ Chicken & Broccoli	Fresh Baked Pizza Cheese Pepperoni Supreme	Fresh Baked Stromboli's	Fresh Baked Pizza Cheese Pepperoni Meat Lover's	Fresh Baked Pizza Cheese Pepperoni Vegetable Pizza
DELI	Chicken Caesar Wrap Italian Hoagie Asian Chicken Salad Chef Salad	Buffalo Chicken Wrap Ham & Cheese Sub Chicken Caesar Salad Chef Salad	Smoked Turkey Wrap Tuna Sub Italian Pasta Salad Chef Salad	Turkey & Swiss on 8-Grain Veggie Sub Chicken Club Salad Chef Salad	Italian Wrap Chicken Salad on Croissant Cobb Salad Chef Salad
SIDES	Green Beans French Fries	Mexican Corn French Fries	Mixed Vegetables French Fries	Fresh Broccoli French Fries	Fresh Vegetable Medley French Fries

Menu Subject To Change

**All Entrees Include Vegetable**

**Served Daily- Fresh Fruit, Fruit & Yogurt Parfaits, Duddine & Jello Parfaits**

**PRICES**

**Entrees \$ 3.50-\$ 4.50 Combos \$ 4.00-\$ 5.00**

**A La Carte Menu Available**



**Nutritional Targets:** Calories: 846 Iron: 4.50 Mg Calcium: 400 Mg Vitamin A: 1500 IU  
 Vitamin C: 19.18 Mg Protein: 16.7 G Total Fat Less Than 30%  
 Saturated Fat Less Than 10%

